

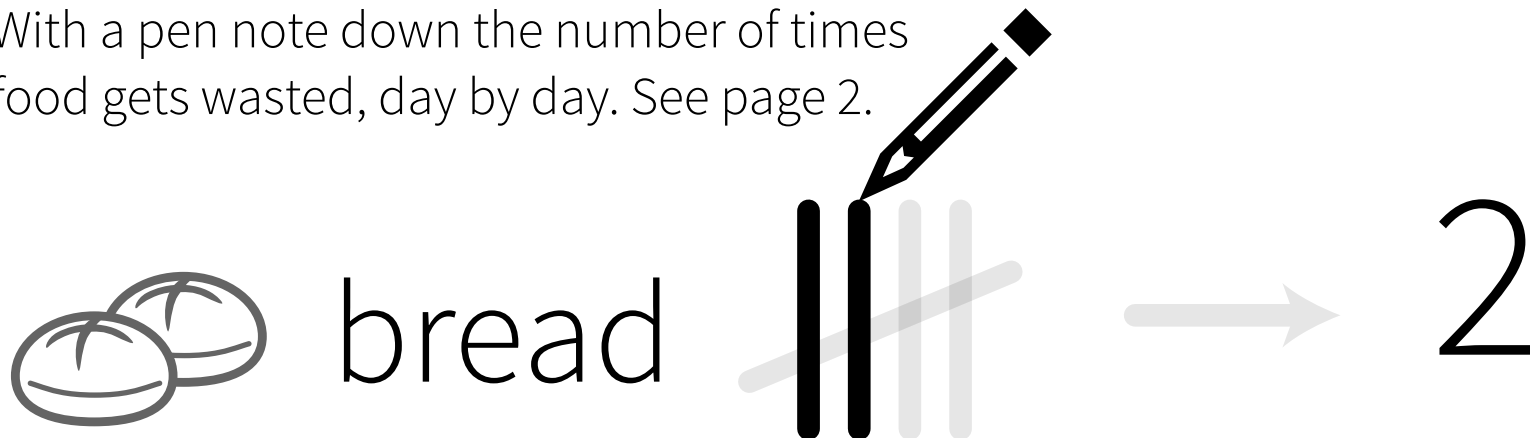
My food waste calendar

Print out the calendar on page 2 and stick it on the fridge so you can keep a record of how many times food gets wasted at home. Each week nominate one of you as Minister of Food Waste at home. Recording data can be loads of fun: you can set new goals, save money and protect the planet, because by saving food you also save the resources that have been used to produce it!

How to use the calendar, see also page 2.























With a pen note down the number of times food gets wasted, day by day. See page 2.



My food waste calendar

Number of times food has been wasted this month: _____

MONTH: _____

DAYS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	TOT.
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 biscuits																																
 crackers																																
 oatmeal																																
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